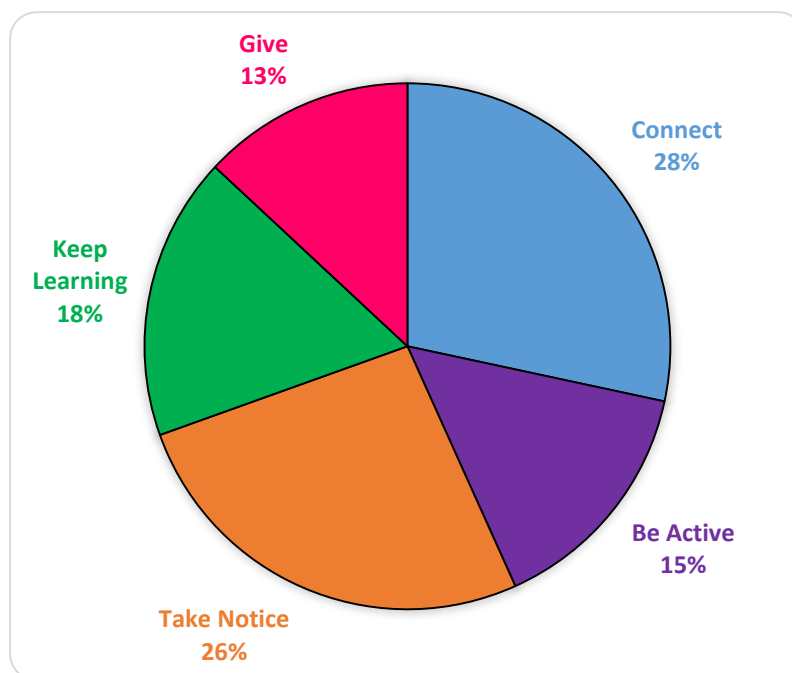


We are currently leading a project with the [Permaculture Association UK](#) looking at documenting the impact we have on visitors' wellbeing. By [counting the number of times](#) visitors mention particular themes we can see what areas we are doing best at and what we could focus on more.

Using comments from our visitors' book from 2014-2017 we have investigated the balance of impacts we have on the [5 ways to wellbeing](#). These are a set of "Five evidence based actions which promote people's wellbeing" developed by the new economics foundation and recognised as a standard method by many organisations and funding bodies.

With around 1000 visitors a year and 3 full years of data we can give a well supported idea of how visiting a permaculture project impacts wellbeing.



As you can see, visitors to the Red Shed tell us that we have improved all aspects of their wellbeing.

We recently published [an article](#) in permaculture magazine in which we explain how to do this analysis for your own projects. If you would like any more information feel free to [get in touch!](#)

With enough data you can use this method to help in funding applications, designing courses and engaging visitors.

